



# LEADERSHIP WORKSHOPS IN THE DARK

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FAIR VIEW HOTEL, NAIROBI KENYA, 25<sup>TH</sup> SEPTEMBER -1<sup>ST</sup> OCTOBER, 2010

## WHAT IS IT?

Dialogue in the Dark's world-renowned workshops take place in absolute darkness. They are demanding at a cognitive, kinesthetic and emotional level. Participants spend two hours going through a series of team challenges with the assistance of blind trainers.

As the workshop unfolds, more challenges surface, testing and stimulating the participant to be increasingly innovative and imaginative. In the process, participants must move out of their comfort zones and be gin to tap into the latent potential of their leadership, communication, organizational and crisis-management skills.

The benefits are re-enforced by an extended time for debriefing, reflection and consolidation of learning. After returning to a lit environment, participants share their experiences, observations, surprises, frustrations, learning and especially their insights. Working together and co developing strategies in the dark strengthens a team's coherence, communication and effectiveness. The loss - even though temporary - of the key sense of sight, has an intense and long-lasting emotional impact on individuals and groups.

## WHY DO IT?

Communication, team-building and innovation are fundamental to the success of a leader, but leaders are faced with unprecedented challenges in today's fast moving world.

Our workshop is designed to help them

- > cope with uncertainties and accept challenges
- > remain confident and be innovative in unfamiliar environments
- > reflect on conventional ways of communication
- > maintain team spirits in challenging times
- > strengthen mutual trust and care with colleagues

## WHO HAS DONE IT?

Allianz, Airbus, Google, Microsoft, Nokia, Philips, SAP, SGS Standard Chartered, Thomson Reuters, UBS, Unilever, World Economic Forum, and Young Presidents' Organization ...

"The most powerful, fascinating teambuilding event I have ever experienced. It has opened our eyes and minds." (Participant from Allianz SE - Annual leadership summit, Munich, Germany)



**DIALOGUE  
IN THE  
DARK**®

DIALOGUE SOCIAL ENTERPRISE

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